

IUNIC Sensitivity

Il test mirato per conoscere le componenti che influenzano l'impatto sull'organismo di alimenti e nutrienti.



Questi test sono stati pensati per aiutare a valutare l'impatto sull'organismo degli alimenti e dei nutrienti, rendendo possibile individuare la presenza di specifiche intolleranze o delle componenti genetiche che portano ad una aumentata sensibilità nutrizionale. A partire da queste informazioni è possibile agire per evitare o contrastare i disturbi che compromettono la digestione e la salute gastro-enterica.

Il test genetico è in grado di valutare come gli alimenti interagiscono sull'organismo, mentre la valutazione ematochimica offre un panorama completo ed esauriente su eventuali intolleranze alimentari conclamate.

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IUNIC Metabolic

Il test mirato per conoscere le condizioni che favoriscono alterazioni del metabolismo e l'aumento di peso.



L'analisi dei **processi metabolici** rappresenta un'informazione fondamentale per comprendere quale meccanismo possa costituire una difficoltà nel calo ponderale. Per questo motivo i test genetici raccolti in questo ambito analizzano determinati polimorfismi per individuare eventuali predisposizioni genetiche che favoriscono alterazioni del metabolismo. I test ematochimici consentono invece di verificare la presenza o assenza di specifiche condizioni nell'ottica di un inquadramento complessivo finalizzato al calo ponderale.

Le informazioni proposte da questi pacchetti consentono di impostare un piano alimentare personalizzato.

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IUNIC Antiaging



L'età anagrafica non esprime necessariamente l'età biologica di una persona: ognuno ha una sua personale età biologica, che indica se i processi d'invecchiamento dell'organismo sono in regola con la nostra data di nascita o se invece sia il caso di prendere qualche contromisura.

Questo test preventivo si rivolge innanzitutto alle persone sane che vogliono conoscere le componenti genetiche che influenzano la velocità del proprio orologio biologico, così da poter provvedere per tempo e in modo mirato.

Ai pannelli genetici si aggiunge un gruppo di analisi biochimiche che possono offrire indicazioni puntuali sullo stato di alcuni processi legati al naturale invecchiamento (es. infiammazione, glicazione, ecc...).

La corretta interpretazione delle informazioni fornite da questo test permette di mettere in atto strategie preventive o interventi per contrastare l'invecchiamento.

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